

# Acts of Kindness Bingo

## THINGS TO DO AT SCHOOL

Tell your teacher one thing you liked that s/he did today.	Smile at someone you don't know.	Say thank you to the crossing guard or bus driver.	Share a treat or prize you win with someone else.	Say hello to someone you don't know.
Help someone find something they are looking for.	Let someone get in front of you in line.	Help your teacher put playground or PE equipment away.	Hold the door for someone.	Ask someone to join in a game you are playing.
Write a kind note. Leave it in a library book for someone to find.	Make a new friend.	Say thank you to the cafeteria staff.	Offer to carry something for someone who needs help.	Say "good morning" to someone as you walk to class.
Help someone pick up something they dropped.	Invite someone who is sitting alone to sit with you.	Say something nice to someone having a tough day.	Pick up trash and put it in the trash can.	Write a nice note to a teacher.
Give a high five to a friend.	Say "have a great night" to someone as you leave school.	Let someone have your swing, slide, or ball at recess.	Compliment someone in the front office.	Write a kind note on a post-it. Leave it for someone to find.

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## THINGS TO DO AT HOME

Leave a nice note for your sibling to find.	Invite your sibling to play a game with you.	Let your sibling borrow something of yours.	Help clean up after dinner.	Share a treat with a sibling.
Help put the groceries away.	Teach a sibling how to do something.	Tell a parent something you really like about them.	Help make dinner.	Leave a nice note for a parent to find.
Invite your sibling to play in your room.	Help your sibling pick up his or her room.	Draw a picture for someone in your family.	Let your sibling pick which TV show to watch.	Do someone else's chore for them.
Get someone else a drink.	Compliment whoever made dinner.	Say yes when your sibling asks you for help.	Read a story to or with your sibling.	Help clean up the yard.
Give someone a hug.	Make a snack for someone.	Compliment a sibling on something they did well.	Make a homemade gift for someone in your family.	Tell your sibling you love them.

# Acts of Kindness Bingo

CREATE YOUR OWN


# Inspired By WellieWishers™



The WellieWishers are an adorable and sweet group of dolls from American Girl. Their main focus is to be well-wishers by sharing empathy, kindness, and the importance of being a good friend. Visit the [WellieWishers site](#) to play games, watch videos, and learn more.

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